

# Topic Tuesdays



*Learn more about dementia and brain health with  
a Dementia Care Specialist from the ADRC*

**3rd Tuesday - Dementia Basics:** An introduction to dementia for individuals, family, and caregivers.

**4th Tuesday - Brain Health Basics:** Learn more about options and choices leading to a healthier brain.

Topic Tuesday presentations are about 1 hour in length and will be held at the Wisconsin Rapids ADRC office in May 2024.  
{220 3rd Avenue South}

Registration is required.



Dementia Basics  
May 21, 2024  
3:00-4:00pm

Brain Health Basics  
May 28, 2024  
3:00-4:00pm

Call  
**888-486-9545**  
or visit  
**[www.adrc-cw.org](http://www.adrc-cw.org)**