

**AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN
ADVISORY COMMITTEE MEETING MINUTES**

**Wednesday May 24, 2023
10:00 A.M.**

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Lincoln County:** Nancy Uerling, Charlene Seetan **Langlade County:** Penny Hurlbert and Roy Dieck **Marathon County:** Krista Mischo, Dana Ponak and Randi Hartwig **Wood County:** Dar Cosh and Jennifer Dolan

Others Present: Executive Director of Aging and Wellness Mike Rhea, Director of Aging and Wellness Erin Wells, Community Health Educator Jennifer Clark and Citizen Kue Her.

Excused Absence: **Lincoln County:** James Torgerson and Dora Gorski **Langlade County:** Carol Krochalk and Kenneth Kubacki

1. Call to Order:

- a. The meeting was called to order by Erin Wells at 10:03 A.M.

2. Public Comments:

- a. Penny Hurlbert announced the grand opening for the Senior Center of Langlade County on June 10th. There will be refreshments at 10A.M. to 3P.M., a ribbon cutting at 11A.M., and Northern Aires featuring a singer at 4P.M. to 7P.M.
- b. Charlene Seetan suggested collaborating with local businesses on MOW deliveries.
- c. Penny Hurlbert put forward the possibility of putting the Senior Center's calendar on ADRC-CW's Facebook page.

3. Approval of Minutes from March 22, 2023:

- a. A motion to approve by Dana Ponak and seconded by Randi Hartwig.
- b. Vote was unanimous to approve the March 22nd meeting minutes.

4. Advisory Committee Vacancies:

- a. Reminder by Erin Wells that we still have 2 vacancies in Wood County.

5. Review: Advisory Committee position description draft:

- a. Erin Wells provided an overview of the Advisory Committee position description draft.
- b. Charlene Seetan suggested reaching out to the Ho-Chunk Tribe for an Advisory Committee candidate.
- c. Kue Her suggested including the Hispanics as a candidate for an Advisory Committee.
- d. Dar Cosh suggested adding where they can apply via online or in-person.

6. Aging Advocacy Day Update: May 9, 2023.

a. Gathering Meals on Wheels stories (Wisconsin Aging Advocacy Network)

- a. Erin Wells gave a brief overview of the event and what Wisconsin Aging Advocacy Network is about.
- b. Erin Wells mentions collecting feedback from customers regarding MOW and sharing those feedback with Representatives, Senators and Federal governments.

b. Invite: Wisconsin Senior Advocates (WSA)

- a. Erin Wells spoke about the new Wisconsin Senior Advocates program.

7. Updates from past meetings: Website Modernization (DHS): Invitation to provide input; Social isolation/friend check in resources.

- a. Erin Wells went over the social isolation/friend check in resources with the committee.
- b. Randi Hartwig suggested putting local social isolation/friend check in resources.
- c. Kue Her mentioned the Hmong American Center has a hotline for Hmong individuals to call for a mental health check in.

8. May is:

a. Mobility Awareness Month: Letter to the Editor

- a. Erin Wells presented a Mobility Awareness presentation.
- b. Jennifer Clark mentions state parks having accessible trails and cabins for people with disabilities/mobility.
- c. Darlene Cosh spoke of the expensive cost of medical transportation which a lot of committee members agreed with.

b. Older Americans Month: Aging Unbound

- a. Erin Wells presented a presentation on Older Americans.

9. Community Health Educator Redesign and Fall Prevention Efforts presentation: Jennifer Clark, Community Health Educator

- a. Jennifer Clark presented a presentation about Community Health Educator Redesign and Fall Prevention Efforts.
- b. Krista Mischo inquired why report a fall to the Firefighter in which Erin Wells replied because it's a nonemergency medical.
- c. Roy Dieck asked if there is enough emphasis in place on grab bars being installed around the house in which Jennifer Clark replied some people will have them installed while others won't depending on their living situation.
- d. Dar Cosh inquired about any organization that offers prevention programs that will go into your home to inspect potential fall hazards.
- e. Krista Mischo asked if the Stepping On program is offered at a neutral place and/or Senior apartments to which Jennifer Clark replied both.
- f. Dar Cosh asked if Caregivers are invited to the Stepping On program to which Jennifer Clark replied yes.
- g. Mike Rhea suggested connecting with Midstate Independent Living as a potential partnership to which Erin Wells replied that they have discussed that in the past.
- h. Jennifer Clark asks which title should they pick for their upcoming event to which the committee picks "Improve Your Balance. Prevent Falls. Resource Fair."
- i. Dana Ponak suggested changing "Improve Your Balance to Take Charge" instead.
- j. Jennifer Clark mentioned that they are in huge need of Stepping On leaders in Merrill and Antigo areas.

10. Volunteer Celebrations:

- a. **Tomahawk: Completed**
- b. **Merrill: Completed**
- c. **Rapids: Completed**
- d. **Marshfield: May 31**
- e. **Antigo: June 2**
- f. **Wausau: June 6**

- a. Erin Wells talked about the completed and upcoming volunteer celebrations.

11. Upcoming (FYI):

- a. **Marathon County Life Report Forum (release of updated Life report)***
- b. **State Dementia Plan Summit: June 9, 2023***
- c. **Lincoln County CHIP: Aging priority meeting: June 26 and June 29 ***
- d. **GWAAR: Aging Plan Review August 21, 2023**
- e. **Fall Prevention Event: Wausau: September 20, 2023***

- f. **ADRC-CW All Staff Meeting: September 26, 2023 (location to be determined)***
- g. **Nutrition On Site Assessment: October 20, 2023**
- a. Erin Wells outlined the upcoming events briefly.

12. Executive Director Reports and Board Meeting Minutes from April and May 2023:

- a. Erin Wells gave an overview of the Executive Director Reports and Board Meeting Minutes from April and May 2023.

13. Next Meeting: July 26, 2023, 10:00 A.M.-12:00 P.M.:

14. Upcoming agenda items:

- a. Transportation
- b. Advocacy Subcommittee

15. Adjournment:

- a. Randi Hartwig motioned to end the meeting at 12:01pm. and Dana Ponak second the motion.
- b. The vote was unanimous.