



**AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN  
ADVISORY COMMITTEE MEETING MINUTES**

**Wednesday March 22, 2023  
10:00 A.M.**

**Mission:** The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay and lessen the impacts of aging and disabilities in the lives of adults.

**Committee members present:** **Lincoln County:** Dora Gorski **Langlade County:** Penny Hurlbert and Roy Dieck **Wood County:** Dar Cosh and Jennifer Dolan

**Others Present:** Director of Aging and Wellness Erin Wells and Clerical Support Staff Jessica Yang.

**Excused Absence:** **Marathon County:** Dana Ponak, Kue Her, Krista Mischo, Randi Hartwig **Lincoln County:** Janes Torgerson, Nancy Uerling and Charlene Seetan **Langlade County:** Kenneth Kubacki and Carol Krochalk

**1. Call to Order:** The meeting was called to order by Erin Wells at 10:02 A.M.

**2. Public Comments:**

- a. Jen Dolan advises others to watch what's going on in the House of Representatives regarding the proposed changes to food share eligibility as this can affect seniors.
- b. Jen Dolan suggested having Hmong audio files for the Hmong elderly as some elderly may not read it because some words may not sound like how they are spelled.
- c. Dora Gorski pointed out that there are 2 or 3 different Hmong dialects and one might not speak the same language as the other.
- d. Jessica Yang followed up by saying that there are 2 different Hmong dialects (White and Green) and each speak/pronounce words differently.
- e. Penny Hurlbert mentioned the Senior Center of Langlade County will be opening their doors on April 3<sup>rd</sup> from 9 A.M. to 3 P.M. at 623 Edison Street, Antigo, WI 54409.
- f. Dora Gorski brought up Lincoln County Board Supervisor possibility of selling or demolishing Pine Crest Nursing Home which could affect many seniors in that area and other nursing facilities. Therefore contact the Joint Finance Committee to make as much noise and have it added to the budget report.
- g. Erin Wells brought up the struggle Charlene Seetan is facing in her community such as accessibility to electric scooter, wheelchair and snow removal for those who need it.

3. **Approval of Minutes from January 25, 2023:** The January 25<sup>th</sup> draft minutes were reviewed with a motion to approve by Dora Gorski and seconded by Dar Cosh. Vote was unanimous to approve the January 25<sup>th</sup> meeting minutes.
4. **Introduction to New Member:** Erin Wells provided a brief introduction to Kue Her who sadly wasn't able to join us due to work conflict.
5. **Advisory Committee Vacancies:** Reminder by Erin Wells that we still have 2 vacancies in Wood County.
6. **Creating an Advisory Committee position description: GWAAR Advisory Council example:**
  - a. Dora Gorski suggested doing something similar but making it a little less.
  - b. Penny Hurlbert agreed with Dora Gorski on making it a little less.
  - c. Erin Wells will draft it up and have Advisory members review it at the next meeting.
  - d. Dora Gorski recommended putting this on the website.
7. **Advocacy Days: Review and upcoming days:** Erin Wells provides highlights from the 3 Advocacy days which can be found in Advisor packet.
8. **Website Modernization (DHS): Invitation to provide input:** Erin Wells gave a brief summary of Website Modernization's invitation to provide input.
9. **Accessible Documents and review of flyers:**
  - a. Erin Wells presented "Creating Accessible Documents and Presentations" PowerPoint to the Advisory members. If interested in reviewing PowerPoint, please contact Erin Wells for a copy.
  - b. Erin Wells asked for feedback on 3 flyers that were included in the Advisory packet.
    - i. Dora Gorski mentioned that she liked the flyer and it was easy to read.
    - ii. Penny Hurlbert found them eye-catching and has been posting them at the Senior Center.
    - iii. Dora Gorski suggested adding "for more information visit" to the flyers.
    - iv. Erin Wells brought up that Angela Hansen mentioned having an electronic flyer will make it colorful and mindful of how much ink you're using. Furthermore the electronic flyer can have the direct link while the paper flyer has the basic link.
    - v. Dora Gorski proposes the possibility of being able to go to the website and add the event flyer to your calendar.
  - c. Meagan Fandrey presented the old and new Caregiver Newsletter to Advisory members for feedback.
    - i. Dora Gorski suggested having one program feature while listing "refer to previous newsletter" for any ongoing programs.
    - ii. Erin Wells recommended having more information for the program that is being featured while featuring only the bare minimum for the ones that aren't in addition to rotating each program.
    - iii. Jennifer Dolan proposes using a different paper size to see if that makes a difference.



- iv. Darlene Cosh suggested posting the Caregiver Newsletter at Lowell Center's bulletin board therefore people passing by or waiting can read it.

**10. Survey of topics for future agenda items:** Roy Dieck asks for the April 13<sup>th</sup> & May 11<sup>th</sup> Board Meeting Minutes to be included in the next Advisor meeting packet.

**11. Getting to know the ADRC: invite to optional experiences:**

- a. Erin Wells read off Randi Hartwig and Krista Mischo feedback that they emailed to her.
  - i. Randi Hartwig emphasized that seeing the volunteer flyer makes her want to volunteer once or twice a month and reminded her of a long time MOW volunteer who brings notes to the Pickleball group to encourage people to volunteer for MOW.
  - ii. Krista Mischo pointed out that knowing where to park, what to expect and what door to us is important on a registration form.
- b. Penny Hurlbert expressed interest in hanging up posters at the Senior Center about what type of co-leaders are needed for Stepping On classes.
- c. Roy Dieck mentioned if there's any program that would monitor seniors who don't have anyone to check-up on them in case they've fallen.

**12. Executive Director Reports from February and March 2023:**

- a. Erin Wells gave an overview of the Executive Director Reports for February and March 2023.
- b. Dora Gorski suggested using some of Peggy's volunteers as educators or to spread information regarding ADRC programs that are going on.

**13. Next Meeting: May 24, 2023 10:00 A.M.-12:00 P.M.:** Erin Wells will look into the Google link problem.

**14. Upcoming agenda items:**

- a. Penny Hurlbert mentions that she no longer sees much information on the Choices anymore and wonders how they will be able to get the word out for Parkinson classes, blood pressure checks and other events at the Senior Center in Antigo.

**15. Adjournment:** Dora Gorski motion to end the meeting at 11:45 A.M. and Penny Hurlbert second the motion. The vote was unanimous.