

**AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN
ADVISORY COMMITTEE MEETING**

**July 26, 2023
10:00 A.M.- 12:00 noon**

Mission: The Aging and Disability Resource of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

**This meeting will be held in person at the ADRC-CW,
2600 Stewart Avenue, Suite 25, Wausau, WI.**

We encourage individuals to attend this meeting **in person or call in via video and/or teleconference**. You may participate in the meeting by using the following:

Join via Google Meet by clicking on this link: <https://meet.google.com/qak-smtb-evh>
Join via phone by calling: 1 304-804-7097 when asked, enter the following PIN: 915 246 679#
Anyone wanting to participate via video or phone is welcome to join.

If you are joining by phone or computer, **PLEASE PUT YOUR PHONE or COMPUTER MICROPHONE ON MUTE!** Use *6 (star 6) to put phones on mute or take phones off mute.

*This meeting will be recorded

AGENDA

1. Call to Order
2. Public Comments
3. Approval of Minutes from May
4. Advisory Committee Vacancies: Wood County (2)
5. Presentation: Budget Review: Steve Prell
6. Feedback: Messaging about 888-486-9545 number
7. Improve Your Balance: Prevent Falls Resource Fair: Northcentral Technical College Sept 20, 2023 from 1:00-4:00 pm
8. Annual Report (draft)
9. Advocacy Subcommittee
10. Programming Updates:

- a. Falls Pilot Program in Wisconsin Rapids
- b. Lincoln Co Health Department Community Health Improvement Plan (CHIP): Aging Strategy Planning (June 26 and 29): ADRC represented by Erin Wells, Char Seetan and Maria Pregler. Next steps:
- c. First Hmong Healthy Living with Diabetes program being offered by H2N for the Hmong community.
- d. ADRC-CW to have a booth at the Hmong Wausau Fest: July 29, 2023 at People's Sports Complex (602 E Kent St)
- e. Merrill Community Night out: ADRC-CW to have a booth: August 1 from 4-7 (Bierman Building Expo Hall)

11. Upcoming (FYI):

- a. Focus Group: Lincoln Co: Aging focus with Lincoln Co Health Department (CHIP plan): August 3 at 12:30 Merrill Enrichment Center and August 17 at 10:00 am Tomahawk Senior Center
- b. Managing Caregiver Stress: August 15, 2023
- c. GWAAR: Aging Plan Review August 21, 2023
- d. Fall Prevention Event: Wausau NTC: September 20, 2023
- e. ADRC-CW All Staff Meeting: September 26, 2023 (location to be determined: Either Marshfield or Wausau)
- f. Nutrition On Site Assessment: October 20, 2023
- g. Caregiver Celebration: November 1, 2023: Covenant Community Church

12. Executive Director Reports and Board Meeting Minutes from June and July 2023

13. Next Meeting: September 17, 10:00 am-12:00

14. Upcoming agenda items: Dementia Simulation (Wausau)

15. Adjournment

Any person planning to attend this meeting who needs some type of special accommodation in order to participate should call the County Clerk's Office at 715-261-1500 or e-mail infomarathon@mail.co.marathon.wi.us one business day before the meeting.

EMAILED TO: Antigo Daily Journal,
Marshfield News Herald, Merrill Foto
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