

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)
Draft Minutes of the ADRC-CW Advisory Committees Meeting
January 27, 2021

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Tony Omernik; **Lincoln County:** Tara Schneider, Dee Olson, Nancy Uerling, Arlene Meyer; **Langlade County:** Doug Curler, MaryJo Kawalski, Carol Krochalk; **Wood County:** Jim Scott

Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Resource Specialist Jane Reilly-Smith, Community Health Educator Jennifer Clark, Quality Manager Kit Ruesch and Clerical Assistant Kim Isakson

1. Call to Order

The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:04 a.m.

2. Public Comments

Jonette Arms stated she tried negotiating with Spectrum on their fee for early termination because Spectrum failed to mention a fee during prior meetings. The fee will have to be paid and phone service with Spectrum will end.

Tony Omernick stated when the COVID vaccine education programs will be available in February.

3. Approval of Minutes – November 18, 2020 meeting

A correction to the minutes will be made stating Carol Krochalk of Langlade County did participate in the meeting.

A motion to approve the minutes was made by Arlene Meyer; seconded by Doug Curler. Motion carried.

4. Advisory Committee member board presentations:

- a. February - pass this month due to Dementia Friends presentation
- b. March - Arlene Meyer - The challenges of understanding the COVID-19 vaccine

Tony Omernik gave highlights on his presentation on the investment in a growing, aging population and the concerns of older adults in Central Wisconsin. Jennifer Cummings suggested that the ADRC use the older American profile as a guide for the agency. Jonette Arms asked what the plans were of the ADRC Board to move forward after hearing the presentations. Tony Omernik stated that this idea will be presented to the ADRC Board as they influence the County Board.

Tara Schneider presented on Internet Access Facing Rural Elderly and Disabled Individuals. She highlighted the importance of the internet for these groups in order to be able to connect with people and retrieve information.

Doug Curler stated the Langlade Senior Center will be open in March as they have a new location in downtown Antigo.

5. Director Report for December and January

Jonette Arms gave an update on her presentations to county boards related to ADRC reinvestment and recommendation to the county boards for support of the reinvestment resolution.

Jennifer Cummings gave an overview of the executive director's reports from December 2020 and January 2021. Highlights included reports related to Powerful Tools classes, Dementia Care, Senior Snowday meals, River Towers dining site, Subaru Share the Love Event, outreach efforts, and ADRC staffing updates.

Kit Ruesch, quality manager, presented data to reflect the trends of ADRC service provision from 2018 - 2020.

6. Trauma Informed Care Presentation

Jane Reilly-Smith and Jen Clark presented and answered questions on this topic.

7. Alzheimer and Aging Advocacy Events

[Jennifer Cummings](#) explained about the upcoming virtual Alzheimer events in March and the Aging Advocacy event scheduled for mid-May.

9. Future agenda items

- None mentioned at this time from the group.

10. Adjournment

The motion to adjourn was made by Jennifer Cummings at 11:48 a.m.

**Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)
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January 27, 2021 AMENDED

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Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Resource Specialist Jane Reilly-Smith, Community Health Educator Jennifer Clark, Quality Manager Kit Ruesch and Clerical Assistant Kim Isakson

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9. Future agenda items

- None mentioned at this time from the group.

10. Adjournment

The motion to adjourn was made by Jennifer Cummings at 11:48 a.m.

**Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)
Draft Minutes of the ADRC-CW Advisory Committees Meeting**

March 24, 2021 DRAFT

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Tony Omernik; **Lincoln County:** Tara Schneider, **Langlade County:** Carol Krochalk; **Wood County:** Jim Scott, Kathy Meyer

Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Community Health Educator Jennifer Clark, Quality Manager Kit Ruesch, Caregiver Support Coordinator Meagan Fandrey, Dementia Care Specialist Scott Seeger and Clerical Assistant Kim Isakson

Excused absence: Arlene Meyer, Nancy Uerling, Mary Jo Kawalski, Dee Olson

1. Call to Order

The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:03 a.m.

2. Public Comments

Doug Curler was appointed to Langlade County Board and ADRC Board as a representative and will be resigning from the Advisory Committee.

3. Approval of Minutes – From the January 27, 2021 meeting

A correction to the minutes will be made stating Kathy Meyer did participate in the meeting.

A motion to approve the minutes with correction was made by Tara Schneider; seconded by Carol Krochalk. Motion carried.

4. Advisory committee member board presentations review:

There was discussion related to the Board/Advisory combination opportunity.

- a. Jonette Arms states the Advisory Committee members have a great amount of engagement and understanding of the programs and services provided within the ADRC-CW. The integration of the board and advisory committees would promote improved communication between the groups and lead to productive discussions. There would be resource efficiencies in staff preparation and meeting time. To integrate the Advisory Committee with the Board would improve

overall policy development which would align customer needs with staff/agency priorities.

- b. The ADRC of the Lakeshore (Kewaunee and Manitowoc counties) combined their board and advisory committees. Cathy Ley, director, will be invited to meet with the ADRC-CW board at their upcoming meeting and offer her perspective and their agency experience.

5. Dementia Friends Presentation-Scott Seeger, Dementia Care Specialist

Scott Seeger and Meagan Fandrey gave a Dementia Friends Presentation. They highlighted the education and awareness that this program provides. The overall goal being to decrease the stigma and improve communication and support to people living with dementia and their caregivers.

6. Executive Director Reports for February and March

Jonette Arms highlighted the following:

- a. Due to the Cares Act funding we have funds to purchase Meals on Wheels vehicles.
- b. Work is being done to create a Hmong/Southeast Asian dining site in the Wausau area.
- c. ADRC Reinvestment priority is being developed and promoted to legislators through advocacy events, county boards, and the Wisconsin Counties Association.
- d. Reminders about upcoming virtual health classes this summer plus a Wisconsin Arts collaboration project.

7. Aging Plan 2022-2024 development needs

Jennifer Cummings explained that a three-year aging plan is developed as a requirement to receive Older American Act grant funds. The plan involves soliciting input from consumers and developing a survey is one way to enlist feedback. All advisory committee members are encouraged to talk to friends and acquaintances and use the survey document to collect their feedback. Please mail back the paper surveys in the attached envelope founds in your meeting packet. The survey is available at the ADRC-CW website or individuals can request a paper copy by calling our office. We plan to have virtual focus groups as well. Information about the focus groups and the survey was also promoted on social media and in our newsletter.

8. Future agenda items

None mentioned at this time.

9. Adjournment

The motion to adjourn was made by Tara Schneider with a second by Kathy Meyer. Meeting was adjourned at 11:47 a.m.

**Aging and Disability Resource Center of Central Wisconsin
(ADRC-CW) Draft Minutes of the ADRC-CW Advisory Committees
Meeting**

May 26, 2021

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** unavailable; **Lincoln County:** Arlene Meyer; **Langlade County:** Carol Krochalk; **Wood County:** Kathy Meyer

Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Lincoln County Board Supervisor Judy Woller, Comm/Admin Services Manager Angela Hansen and Clerical Assistant Kim Isakson

Excused absence: Tony Omernik, Nancy Uerling, Mary Jo Kawalski, Dee Olson, Jim Scott, Tara Schneider

1. Call to Order

The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:09 a.m.

2. Public Comments

There was a discussion about resuming in person meetings and the use of face masks.

3. Approval of Minutes – From the March 24, 2021 meeting

A motion to approve the minutes with correction was made by Arlene Meyer; seconded by Kathy Meyer. Motion carried.

4. **ADRC-CW Board meeting update regarding combining board and advisory groups:** There was discussion related to the Board/Advisory combination opportunity. Jennifer Cummings stated the Executive committee decided to keep the board and the advisory committee as separate entities. Recruitment needs to fill multiple vacant positions.

5. **Advisory Committee Recruitment (see current vacancies, policy, application attached)** Jennifer Cummings announced that Kathy Meyer and Tony Omernick have been approved by the Board to join the Advisory Committee. The Board will go to all four County boards to present this.

Jennifer Cummings asks current committee members if they are able to fulfill their terms. Carol Krochalk and Arlene Meyer both state they are willing to stay on the committee through July of 2024.

There is discussion about the Advisory Committee Recruitment. Applications are being posted on the ADRC website, Facebook page and shared with ADRC partners in all four Counties.

6. Executive Director Reports from April and May

Jonette Arms provided highlights in her Director's report:

- a. ADRC is placing ads on billboards, radio, news and rural papers to reach out to the community regarding vaccine access and information.
- b. Hmong/SouthEast Asian dining site has been approved by the Hmong board and our board and plans are moving forward.
- c. June 1st the Senior Farmers Market vouchers will be distributed to those that register for the program and meet the requirements.
- d. ADRC will be opening the doors on June 7th for appointments but not walk-ins.
- e. After June, home visits and walk-ins will be re-assessed.
- f. The opening of meal sites while still maintaining safety guidelines is being explored.
- g. A video is being created that highlights what the ADRC does. It will be available to view on our website, Facebook page, health fairs and dining sites.

7. Aging Plan Survey feedback and potential goal ideas

Jennifer Cummings states the development of specified goals areas has taken a more long-range approach.

Kathy Meyer explained the need for social contact for people especially for the aging adults i.e. to encourage seniors to participate in programs and learn something new on their own terms and to determine the barriers in connecting with the aging adults.

Jennifer Cummings will bring back the survey results to the July meeting. Goals will be created toward what caregivers feel they need.

8. Future agenda items

- a. Drafting aging plan goals.
- b. Status of Advisory Board member recruitment.

9. Adjournment

The motion to adjourn was made by Kathy Meyer and second by Carol Krochalk.
Meeting adjourned at 10:48 a.m.