

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

Minutes of the ADRC-CW Advisory Committees Meeting
2600 Stewart Avenue, Suite 25, Wausau, Wisconsin

March 27, 2019

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Barb Mullen; **Lanlade County:** Doug Curler, Carole Krochalk, Jim Posselt, Mary Jo Kawalski; **Lincoln County:** Arlene Meyer, Nancy Uerling; **Wood County:** Bonnie Roggenbauer, Jim Scott

Others present: ADRC-CW Executive Director Jonette Arms and Clerical Assistant Tracey Baken

1. Call to Order: The meeting was called to order by Jonette Arms, ADRC-CW Executive Director, at 10:03 a.m.
2. Introduction of new member-Carole Krochalk and Bonnie Roggenbauer
3. Public Comments

*Question was asked about what happened with the food when we had to cancel 12 times this winter. Explained that for the most part the cancellation happened early enough that we were able to inform the caterers and so the food wasn't prepared and so we were able to alter the menu for the next serving day. In one instance the food was already prepared and it was packaged up and used for frozen meals.

*Independent Living Center about Transportation from Menominee-will need to ask Jennifer Cummings about any updates.

4. Approval of Minutes – September 28, 2018
Motion by Doug Curler, second by Arlene Meyer to approve minutes. Motion carried.
5. Advocacy training materials and Advocacy Day(s) feedback

Jonette included in packet important dates in regards to Advocacy training dates. Had good representation for the Alzheimer's Advocacy Day from both staff and board/advisory members. Doug Curler gave his perspective of the day and he also wrote an article for the Antigo Journal Newspaper.

Jonette informed the group that 2 staff would be representing the ADRC-CW in Washington DC for the National Alzheimer's Advocacy Day thanks to some scholarships.

Upcoming Aging Advocacy Day is May 14th. Looking at taking a bus and having 2 or 3 pickups. Jonette encourages everyone consider attending and if able to just fill out the registration form included in packet and return by April 30th.

6. Review of Advisory Committee member term limits, representation needs, application/recruitment process

Pam Frary's term limit was up and Heidi Jarvis is unable to fulfill her term and Patty Ruder's term will be up in July so we will be actively looking for new members. Jonette asked for any suggestions from the current members that should be made to application process. Suggestions made were having a description of what the ADRC-CW is, what the role & responsibility of being a member would be, why the committee was formed, adding address, phone number and email and also listing the current members names and phone numbers so if the person has questions they could call one of the current members to ask any further questions about what it all entails to be on the committee. Question was asked if there was an age minimum to be on the committee, Jonette was not sure and would check into. Jonette will put together a draft for the committee.

7. Director's Reports (Oct, Nov, Dec, Jan, Feb, March)

Jonette highlighted several areas within the Feb and March 2019 Director's Reports.

February 2019

- Jonette continues to network and build partnerships throughout our four counties.
- Matters Worth Noting-with all the meal cancellations this winter looking at adding program such as Telephone Reassurance and Staples for Seniors.
- Staff updates-Mary Beth Pergolski was hired for Jenny Towers.
- Café 60-Wild Steer in Stratford has been a vendor since January 2, 2019. We have received positive feedback.

March 2019

- State update-Governor's 2019-2021 Executive Budget was introduced.
- Staff updates-Terry Schmidt was hired as a Casual Nutrition Driver in the Wausau office.
- Nutrition services were closed for 12 days. Researching emergency food options before the 2019-2020 winter season begins.

8. 2018 Aging Plan Agency Self-Assessment

Jennifer put together the document that reflects back on meeting our goals for the previous year. Jonette pointed out a few areas:

Page 5-Nutrition Program, did not meet goal of increasing congregate dining site participation. This was due to needing to close 2 locations and unfortunately not finding new Café 60 providers.

Page 7-People with Dementia, through collaboration with partners the ADRC-CW increased their number of memory screens and have completed Dementia Friendly Community trainings.

Page 9-Local Priorities, through outreach in the rural areas of all of our counties we increased the benefit specialists consumer contact by 35%.

Page 13-ADRC-CW has been a part of promoting dementia friendly communities and have trained 5 businesses in WI Rapids. The ADRC-CW will work closely with the Alzheimer's Association and continue to coordinate with them to maintain current and up-to-date information.

Jennifer did a great job and does every year with creating the goals and working to towards having them be met.

9. Discussion regarding meeting structure and feedback from consumers

Jonette asked the committee if they would like to have the meeting structured differently. Group is satisfied on how the meeting is being run and believe they bring issues/comments they may hear from the public to the meeting.

10. Upcoming calendar of events and meetings of interest

Jonette will continue to network with partners in all four of the counties.
All-Things Senior Event (flyer included in packet)
All Staff Celebration

11. Next Meeting: Wednesday, May 22, 2019.

12. Adjournment: Motion made by Doug Curler seconded by Arlene Meyer at 11:50 a.m. to adjourn.
Motion carried.

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

Minutes of the ADRC-CW Advisory Committees Meeting
2600 Stewart Avenue, Suite 25, Wausau, Wisconsin

May 22, 2019

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Doug Curler, Carole Krochalk, Jim Posselt; **Lincoln County:** Arlene Meyer; **Wood County:** Bonnie Roggenbauer, Patty Ruder, Jim Scott, Ann Egge

Others present: Director of Aging & Wellness Jennifer Cummings and Clerical Assistant Tracey Baken

1. Call to Order: The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:06 a.m.
2. Public Comments: None
3. Approval of Minutes – March 27, 2019

Since Jennifer was absent for the last meeting she wanted some clarification on a few items:

- * Independent Living Center and transportation question. Jim Posselt gave a brief update and wondered about any expansion of the program.
- * Question about an age minimum to be on the Advisory Committee. Jennifer reported that 50% of the advisory committee members need to be 60 or older. One of the advisory committee roles is to act as a commission on aging.

Motion by Arlene Meyer, second by Jim Scott to approve minutes. Motion carried.

4. Revisions to Advisory Committee application and recruitment

Jennifer reviewed the committee's recommendations for the advisory committee application and recruitment. Jennifer asked if there was anything else the current members felt would be of importance to have on or with the application. Was recommended that a list of the current members' name/phone numbers be included with the application packet so the interested applicant can connect with current members with questions.

Currently we are recruiting for vacancies for Marathon and Lincoln Counties. In July, we will also need to recruit for a Wood County committee member as Patty Ruder's term is coming to an end. So if anyone knows of someone that they believe would be a good fit for the group, please let Jennifer know and she will follow-up with the potential candidate.

5. Educational item: Caregiver Support Program- Presented by Erin Johnson & Meagan Fandrey-caregiver support coordinators

Erin and Meagan gave an overview of the different programs that they support-Alzheimer's Family Caregiver Support (AFCSP), National Family Caregiver Support (NFCSP), and the *Powerful Tools for Caregivers* evidence based program. Caregiver support coordinators also train community businesses and organizations through their Dementia Friendly Community work. They will be promoting an informational program entitled "Dementia Friends" as well. Erin and Meagan gave further details regarding these programs and goals for the upcoming year.

6. Aging Advocacy Day feedback

Jennifer shared that 19 ADRC-CW staff, board members and advisory members traveled to Madison to meet with legislators for the Aging Advocacy Day event on May 14th. The ADRC-CW region was well represented and we also assisted in providing bus transportation for additional individuals from Portage and Oneida Counties. Doug Curler shared his experience from the day.

7. Director's Reports (April, May 2019)

Jennifer highlighted several areas within the April and May Director's Reports.

April 2019

- Jonette was invited along with Doug Machon to participate in the Wisconsin Counties Associations Health and Human Services Steering Committee.
- The ADRC-CW was asked to be a key stakeholder to help in creating Wausau as an age-friendly community. The City of Wausau's is currently surveying the community through their website to determine community priorities in moving this project forward.
- Media opportunity-twice each month the ADRC-CW will be featured on WSAW Channel 7-one early morning segment and another segment at the noontime.
- Medical Records Access-Recently connected with 2 major medical entities in our region to simplify and speed up the process of getting records.
- Partnered in planning and promoting the "All Things Senior" event-currently 158 individuals have pre-registered.

May 2019

- Networking-Jonette and Jennifer attended the National Aging in America Conference in New Orleans.
- ADRC-CW successfully received numerous grants that will be used to purchase meals on wheels vehicles with catering specific modifications
- Creating Age-Friendly Communities-Jennifer Cummings and Wausau Mayor Robert Mielke were interviewed on WSAW Channel 7.
- Quality Improvement/ADRC-CW Dashboard 1st Quarter-This data is from the Resource Specialists and Benefit Specialists programs from 1/1/2019 through 3/31/2019. This information provides tangible and specific data which will assist the ADRC-CW with overall quality improvements.
- National Alzheimer's Advocacy Forum-Meagan Fandrey and Heather Jones were given the opportunity to attend in Washington DC.

8. Upcoming calendar of events and meetings of interest:

All Staff Celebration, Wednesday September 18th

9. Next Meeting: Wednesday, July 24, 2019.

10. Adjournment: Motion made by Doug Curler seconded by Arlene Meyer at 11:32 a.m. to adjourn.
Motion carried.

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

Minutes of the ADRC-CW Advisory Committees Meeting
2600 Stewart Avenue, Suite 25, Wausau, Wisconsin

July 24, 2019

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Rose Boron; **Langlade County:** Jim Posselt, Doug Curler; **Lincoln County:** Arlene Meyer, Nancy Uerling; **Wood County:** Bonnie Roggenbauer, Patty Ruder, Jim Scott

Others present: Director of Aging & Wellness Jennifer Cummings, Nutrition Program Director Ronda James, and Clerical Assistant Tracey Baken

1. Call to Order: The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:02 a.m.

2. Public Comments

Doug Curler suggested having a presence at County Fairs

Nancy Uerling informed the group that the Gleason Lions would be having an Open House on Aug 3rd.

3. Approval of Minutes – May 22, 2019

Motion by Arlene Meyer, second by Nancy Uerling to approve minutes. Motion carried.

4. Review of Advisory Committee application and policy drafts

Jennifer presented the revised application and policy to the committee and asked if there were any additional changes. Committee said that it looks good and the next step is to present to the ADRC-CW Board for their approval.

5. 2019 Aging Plan Progress towards goals and overall assessment

Jennifer briefly went through each of the focus areas for the goals. We are on track with each of the areas as reported by GWAAR reviewer, Jane Mahoney.

Rose indicated that she would be happy to help with the care givers portion for DICE.

6. State Budget Update

Overall happy with Governors budget. Increase in funding dollars for Medicare. Increase in payments to MCO's for the direct care workers. Also expansion of dementia care specialist program to include

seven new positions and one tribal dementia care specialist positions. The ADRC-CW will be applying for one of the new positions as soon as the application process is available.

7. Director's Reports (June, July 2019)

Jennifer highlighted several areas within the July Director's Reports which is all inclusive to the first half of the year.

- ADRC/Athens Library partnership-once a month staff will hold office hours at the Athens library. If successful will look at expanding this throughout the region.
- Partnering with Good News Project with regards to managing the loan closet in the Wausau area. The ADRC-CW was also offering this service and since the Good News Projects has a larger equipment inventory and system in place for cleaning and maintenance of equipment the ADRC-CW will no longer duplicate this service. Referrals will be made to the Good News Project location.
- Hosted a meeting with Lt. Governor Mandela Barnes. Several staff, board and advisory members were in attendance.
- Have a built a partnership with WSAW Channel 7 and have had multiple staff aired on the Sunrise and Noon shows.
- Jennifer and Jonette met with Mayor Zach Vruwink to discuss city development projects that could impact the Lowell Center and Centralia Senior Dining site.
- Open houses being held in all five offices in the coming months.
- Developing a diversity and inclusion workgroup to focus on better serving diverse groups of people in our communities.
- Listing of all the News and Radio interviews that staff have provided to the communities from Jan-June 2019.

8. Upcoming calendar of events and meetings of interest:

All Staff Celebration, Wednesday September 18th at Wildwood Station-Marshfield 10-2
Open house events scheduled in all 5 offices

9. Next Meeting: Wednesday, September 25, 2019.

10. Adjournment: Motion made by Jim Posselt seconded by Arlene Meyer at 11:41 a.m. to adjourn.
Motion carried.

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

Minutes of the ADRC-CW Advisory Committees Meeting
2600 Stewart Avenue, Suite 25, Wausau, Wisconsin

September 25, 2019

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Tony Omernik; **Langlade County:** Doug Curler; **Lincoln County:** Arlene Meyer, Nancy Uerling; **Wood County:** Bonnie Roggenbauer, Ann Egge, Jim Scott, Dr. Kathleen Meyer

Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Nutrition Program Director Ronda James, Nutrition Services Coordinator Karen Abadeer, Community Resources Manager Erin Wells, Quality Manager Pa Thao, Clerical Assistant Tracey Baken, Tara Schneider, possible Advisory Member for Lincoln County, and Jim Schmidkofer, former Older American Act Supervisor and Planning Analyst for the State of Wisconsin Bureau of Aging and Disability Resources.

1. Call to Order: The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:00 a.m.
2. Public Comments

Jonette shared that we had Bishop Enos Martin as our guest speaker for the All Staff celebration and he brought his family and also two others from their community.

Jonette shared she did a ride along on a Meals on Wheels route with Jim Scott in the Wi Rapids area.

3. Approval of Minutes – July 24, 2019

Correction to #6 – State Budget Update, should have stated, “Increase in funding dollars for Medicaid.”

Motion by Doug Curler, second by Arlene Meyer to approve minutes with correction. Motion carried.

4. Welcome and introductions of new advisory committee members:

- Tony Omernik (Marathon County)
- Dr. Kathleen Meyer (Wood County)

Jennifer welcomed both Tony and Dr. Kathleen to the Advisory Committee.

We also have Tara Schneider, who is here to learn more about the advisory committee and may be interested in becoming a member of the Advisory Committee representing Lincoln County.

Jennifer reviewed term limits for Advisory Committee members and acknowledged how Arlene was one of our first ADRC-CW Advisory committee members, served her term, and returned after a small hiatus.

5. Guest presentation: "The Older American Act" and the "Aging Difference" - James Schmidlkofer
 - Historical perspective and relevance today
 - Advisory committee role and responsibility in making an impact

Few of the take a ways from Jim's presentation:

You don't work for the staff, they work for you.

Represent when you come, take stuff back to your community, actively participate, push the organization, advocate.

Bring variety to the group, everybody is unique.

Never be ashamed to advocate with legislators.

Have to be advocates at the national level.

Cannot be silent on issues.

Don't be scared to be a lobbyist.

6. Director's Reports (August & September)

Jennifer highlighted several areas within the Director's Reports

- Caregiver support quarterly newsletter (would group liked this emailed to them)
- Dementia Care Specialist Application-will be submitting again-application due November 8th
- Medicare Part D season-Oct 15th-Dec 7th
- Board reports-starting in September board action items will be in bold.

7. Next Meeting: Wednesday, November 20, 2019 (note that the meeting is a week earlier than usual due to the Thanksgiving Holiday)

Agenda items: Ongoing dialog

Think about what Jim said and what you want for your communities. What do you want to share from and to your communities? What do you want this committee to be?

8. Adjournment: Motion made by Nancy Uerling seconded by Arlene Meyer at 12:11 pm. to adjourn. Motion carried.

Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

Minutes of the ADRC-CW Advisory Committees Meeting
2600 Stewart Avenue, Suite 25, Wausau, Wisconsin

November 20, 2019

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

Committee members present: **Marathon County:** Rose Boron, Tony Omernik; **Langlade County:** Doug Curler, Jim Posselt, Mary Jo Kawalski; **Lincoln County:** Arlene Meyer, Nancy Uerling, Tara Schneider, Dee Olson; **Wood County:** Bonnie Roggenbauer, Jim Scott, Dr. Kathleen Meyer

Others present: Executive Director Jonette Arms, Director of Aging & Wellness Jennifer Cummings, Director of Resource Services Mike Rhea, Clerical Assistant Tracey Baken

1. Call to Order

The meeting was called to order by Jennifer Cummings, Aging & Wellness Director, at 10:00 a.m.

2. Public Comments

The question was asked "What is different that more people know of the ADRC-CW?" Answer, more outreach. We are out in the communities and visible.

Suggestion for next meeting to have a presentation on core programs. Also invite outside organizations for this presentation.

3. Approval of Minutes – September 25, 2019

Motion by Nancy Uerling, second by Arlene Meyer to approve minutes. Motion carried.

4. Welcome and introductions of new advisory committee member

Jennifer introduced and welcomed new committee member, Tara Schneider (Lincoln County), to the advisory committee. Tara spoke of her background and interest in joining the group.

5. ADRC-CW Goals for 2020 - Jonette

Document included in packet. Jonette went through the outcomes/goals with the committee.

6. Director's Reports (October & November)

Jennifer highlighted several areas within the Director's Reports

- The trauma-informed care (TIC) work group is establishing a program-the Limelight awards-to recognize and honor employees who exemplify the guiding principles of being Welcoming, Trustworthy, Respectful, Collaborative, and Empowering.

- Winter Weather preparation and cancellation procedures
- Working on establishing two new nutrition site options-in Gleason and Marshfield
- New referral system working with local Fire Departments and emergency medical services
- Resource Center Services are being offered outside of our Wausau office location-embedded in the community
- White Lake senior dining site closure but continuing Meals on Wheels deliveries with paid staff
- Upcoming “save-the-date” events noted

7. Limelight awards/Advisory Committee review

As mentioned early the TIC committee is establishing a new program. Jonette briefly gave overview of how the nominations of staff were collected and the proposed process needed to select individuals. Jonette solicited interested committee members that would be willing to go over the staff nominations during the 2nd week of December. Arlene Meyer, Doug Curler and Nancy Uerling volunteered to participate in reviewing the nominations. Three board members will also participate in reviewing the nominations.

8. Next Meeting: Wednesday, January 22, 2020

9. Adjournment

Motion made by Doug Curler seconded by Dee Olson at 11:43 am to adjourn. Motion carried.