

Volunteering



Help Build Your Community

Make a Difference and Give Back

The ADRC-CW could not carry out its mission without the generous support from community members like you.

Get Involved

Volunteer opportunities

- Meals on Wheels Drivers
- Program Leaders
- Office Assistance
- Packing Meals
- Senior Dining Site

Make Your Dollar Count

No amount is too small

Advocate

Let your voice be heard

Fees

There is no cost for the services provided by the Aging & Disability Resource Center, please do not hesitate to contact us.

Suggested contributions are listed for select programs. All services are provided regardless of ability to contribute.

Antigo

1225 Langlade Rd
Antigo WI 54409
715-627-6232

Marshfield

300 S Peach Ave Ste 1
Marshfield WI 54449
715-384-8479

Merrill

607 N Sales St Ste 206
Merrill WI 54452
715-536-0311

Wausau

2600 Stewart Ave Ste 25
Wausau WI 54401
715-261-6070

Wisconsin Rapids

220 3rd Ave S Ste 1
Wisconsin Rapids WI 54495
715-421-0014

888-486-9545

www.adrc-cw.org

Find us on Facebook



INFORMATION CHOICES INDEPENDENCE

Serving older adults and adults with disabilities in Langlade, Lincoln, Marathon, and Wood counties.

Our Mission

The Aging & Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

What is an ADRC?

A place to find unbiased information related to aging or living with a disability.

A bridge from one life transition to another, connecting you to community resources.

Who do we serve?

Older adults (60 or older)
Adults with disabilities (18 or older)
Youth with disabilities transitioning to adulthood
Families, friends, and caregivers



Resource Services

Exploring Your Options

Resource Specialists

Make decisions that are right for you.

- Want to stay independent & live where you would like?
- Looking for help with housekeeping, bathing, or transportation?
- Need to understand a dementia diagnosis?
- Helping care for a loved one and need answers & stress relief?

A resource specialist can help you identify local services and resources to match your needs, values, and preferences.

Navigating Your Benefits

Elder and Disability Benefit Specialists

Explore private and/or government benefit options. Benefit Specialists provide information & assistance, education, and advocacy for a variety of programs, such as:

- Medicare
- Medicaid
- Prescription drug assistance
- Social Security benefits
- Benefit appeals & denials

Aging Services

Senior Nutrition Program:

Good nutrition is vital to improve and maintain health. Enjoy nutritious meals and social opportunities for people 60 or older. Meals are served in various ways:

Community Dining Sites

Meals on Wheels

Café 60

Healthy Living Programs:

Improve Your Health

Be Engaged

Have Fun

Connecting you to programs and support to improve or maintain your health. Educational programs offered on fall prevention, living with ongoing health concerns and other topics.

Dementia Care Specialist Program:

Supports people with dementia and their caregivers in order to ensure the highest quality of life possible while living at home.

Support for Caregivers:

If you are caring for a friend, family member, or neighbor, we can help you find information, resources, and support to make your role as a caregiver a little easier.